

Description of the local training

Deliverable N°14, Liverpool

LOGISTICS	
What is the planned date for your session?	25 th February 2016
Where will the training be held?	The training was held in the Joseph Lappin Centre training room. The Joseph Lappin Centre is at the core of community activity with services delivered directly by the Joseph Lappin Centre as well as many other groups and individuals. Based in the heart of Old Swan, in Liverpool (UK), the Joseph Lappin Centre is a thriving multi-purpose community resource that provides a wide range of free/affordable services, activities, meeting spaces and events for people of all ages of the community. The Joseph Lappin Centre hosts local key organisations working in partnership to make a difference in the lives of local people.
Who will be the participants? (profile, number..)	Youth workers, social workers, artists
Facilitators involved (artist & trainers)	Adele Spiers and Guinever Robinson

TRAINING PROGRAMME	
9.30- 9.40am	Introductions
9.40-10am	Activity- 'A Person United'
10-10.15am	Using creativity to support employability & integration of young migrants; The INSart approach (context and methodology)
10.15– 10.30am	Liège; shared practice
10.30-10.45am	Liverpool; context & considerations.

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10.45-11.15am	Guin & Ahmer; journeys through INSart - Q & A
11.15-11.35am	<i>BREAK</i>
11.35-11.45am	Activity 1- creative confidence; setting the scene (monoprinting)
12.05-12.35pm	Activity 2- This is me, we are here...together (sound & movement)
12.35am-1.15pm	Activity 3- Some of me; past (collage)
1.15-2pm	<i>LUNCH</i>
2 - 3pm	Who we are together (a combination of experiences)
2.45 - 3.45pm	To understand my 'now' Break out groups: Option 1) 3D work – joint piece (co-facilitated by Adele) Option 2) individual responses (co-facilitated by Guin)
3.45 - 4.05pm	Personal journeys; road maps for change
4.05 - 4.20pm	Sharing- thoughts on a process
4.20 - 4.30pm	Evaluation and ending

MODULE DESCRIPTIONS

MODULE 1: getting to know each other

Time scale	9.30-10.00
Objective	Introduction of the participants and the project, learning the motivations, expectations and concerns of participants.
Methods (name, reference etc)	Group building and ice breaker: A person united. Each participant draws a part of body without showing to the others. Then the parts are united and a body arises, with different sizes and proportions.
Materials necessary	Papers, scissors, cellotape/masking and glue, drawing pencils and rubbers, paper
Progress of the module	All participants are involved in a creative activity
Debriefing	-
Post-production necessary	To gather all the draws together
Illustration	A person united

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MODULE 2: Liege sharing	
Time scale	10.00-12.30
Objective	Dance workshop. The workshop will lead participants into an experience based on movement and non-verbal language. The main objective is to provide participants a sequence of specific tools that they will be able to adopt in their daily work
Methods	
Materials necessary	Music
Progress of the module	The activities will be proposed gradually and will involve also all those who don't have any previous experience in movement.
Debriefing	
Post-production necessary	-
Illustration	