

# Team of facilitators for the INSART training 9<sup>th</sup>-13<sup>th</sup> May 2016 Berlin



My name's Dario and I've lived in Berlin already for 5 years. I'm lucky because I live of photography, working as a professional photographer in my everyday life and using the remaining time for experimental projects and collaborations with other artists in the city. I'm always been interested in history, so in the last years I've developed my blog about Berlin called "Elephant in Berlin", to document the city and the relationships between history and society (Berlin is a very fast dynamic changing city). After my first experience with Insart, i'm now working on a possible project to help Refugees in the city to help with integration (which is the main topic of the future of Europe). I look forward to work with you in May.

*Dario Jacopo-Laganà, Artist-facilitator for the photography sessions*



My name is Soad, I am half italian-half egyptian. Since I have always lived surrounded by an intercultural dimension because of my mixed origins, for all my life I looked for concrete answers to interculturality. It was not an easy job... Luckily, dance has always been part of my life and just dancing I found my answers! I truly believe that whether people get in contact through their body, they can have access towards understanding each other despite their origins, rather just as human beings..

My research dance field is about traditional and gypsy dances from the Mediterranean region and dance therapy. I am currently working in Palermo (Italy) in several projects using dance for social inclusion and for prevention programs in the parents-children relationship. I believe that everybody can dance and I am more than happy to share my experience with you.

*Soad Ibrahim, Artist / facilitator for the dance sessions*



Adele Spiers is a professional Artist, Arts Manager, Arts Facilitator and Art Psychotherapist. In her own artistic practice she uses film-making, mixed media, photography, drawing and painting. Her experience mainly lies in supporting those people and communities most marginalised or isolated in society, with a specialism of working with black and ethnic minority groups and people with mental health problems. Currently she works as Manager, Artistic Director and Art Psychotherapist at SOLA ARTS a Liverpool based arts charity.

*Adele Spiers Artist / facilitator for the visual arts sessions*



My name is Cécile, I come from the field of psychology, and for long my work has always centered on words and language. When I started to work in the intercultural field I started to explore other doors, I found out that art gave me tools much more fruitful to connect with others who had different cultural codes. One of these doors was theatre, where there is body, there is movement, there is creativity and it helps to create a multiplicity of ways to explore and understand strange and complicated situations and generate new solutions which we would not have thought about.

*Cécile Stola, Artist / facilitator for the theatre sessions*



My name is Vera and I only wish I was an artist. Instead I the bulk of my work is about the engineering of new intercultural training methodologies. I do know however that art is a wonderful addition in the toolset of intercultural trainers: nothing compares to art in illustrating our universal character (what is common across cultures) and at the same time the great cultural diversity in what we think is beautiful, true or just. We also suspect that the joy, the ambiguity, the pleasure of artistic creativity can be harnessed and used to change the way we feel, think, and exist with others. The INSART project and the training are built to explore this transformation.

*Vera Varhegyi coordinator of the training*